



2016 Provincial Championships Schedule:

Girls Warmups: NS warmups, as per handbook Boys Warmups: NS style warmup and compete

Friday April 1st

Session 1: BOYS: Level 1 & Level 2 (all ages)

Competition: 8:00- 11:30am (Continuous Rotation format)

Session 2: BOYS: Level 3, Level 4 (all ages),

GIRLS: All level 3, Nov 4, Open 4

Competition: 12:00- 4:00pm (Continuous Rotation format)

Session 3: Boys: E3, E4, National Novice, Nat Open, Jr

Girls: All level 8, 9, 10 and Hp Nov and Jr.

Warmup: 4:30- 4:50

Competition: 5:00- 9:00pm (Continuous Rotation format)

Saturday April 2nd

Session 4: GIRLS: All Level 6

Warmup: 8:00- 8:20am

Competition: 8:30- 11:30am (Continuous Rotation format)

Session 5: GIRLS: All level 5 and 7

Warmup: 12:00- 12:20pm

Competition: 12:30- 4:00pm (Continuous Rotation format)

Session 6: GIRLS: Argo 4, Tyro 4 and Aspire

Warmup: 4:30- 4:50pm

Competition: 5:00-7:30pm (Continuous Rotation format)

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